



Blessed are the MEEK, for they SHALL INHERIT THE LAND.

Who are the meek? They are those who do not rely on their own power but choose to rely on God. They trust in God and do good and their faithfulness becomes a channel of blessing for the world. Jesus is the perfect meek man and his death brought the blessing of God to the world. By his death and not our own work or power, we come into the inheritance of eternal life. The meek have the mind of Jesus and so can receive everything from the Father.

*“But the humble shall own the land and
enjoy the fullness of peace.”*

—PSALM 37:11

JUAN DIEGO WAS A POOR FARMER living in a small village in Mexico. No one thought he was important at all. He did not think he was important either. But he was loved by God for his faithfulness and humility. One day, while he was on his way to church, the Blessed Virgin Mary appeared to him and asked him to help her. Juan didn’t think he could do the job. He knew he had no power on his own. Yet with the power of God supporting him, he became the channel for a great miracle of love—the miraculous tilma and the shrine of Our Lady of Guadalupe which are still with us 500 years later.

How can we be meek?

✠ **When treated unfairly:** Then Jesus said, “Father, forgive them, they know not what they do.” LK 23:34

✠ **In service:** He rose from supper and took off his outer garments. He took a towel and tied it around his waist. Then he poured water into a basin and began to wash the disciples’ feet and dry them with the towel around his waist. JN 13:4-5

✠ **In acknowledging God:** One mightier than I is coming after me. I am not worthy to stoop and loosen the thongs of his sandals. I have baptized you with water; he will baptize you with the Holy Spirit. Mk 1:7-8

✠ **In recognizing your littleness:** The centurion said in reply, “Lord, I am not worthy to have you enter under my roof; only say the word and my servant will be healed.” MT 8:8